



FACT SHEET: LANGUAGE AND UNDERSTANDING

Helping children to follow instructions

- Give short, concrete directions
- Use visual supports such as photographs, pictures or words to help children sequence directions
- Repeat directions
- Have the child repeat and explain the instructions before beginning
- Keep your language simple and clear, emphasising key words and showing the child what to do as you tell them.
- Try not to overload the child with language. They can become quickly frustrated and may 'switch off' from what you are saying.